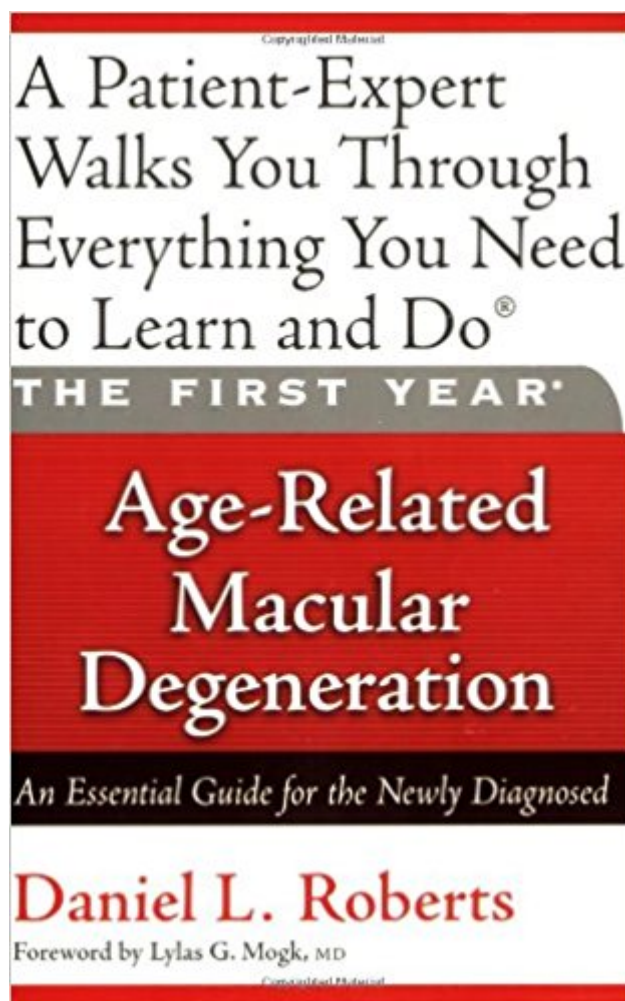


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# The First Year: Age-Related Macular Degeneration: An Essential Guide For The Newly Diagnosed



## Synopsis

Age-related macular degeneration (AMD) is a progressive disease of the retina wherein the light-sensing cells in the central area of vision (the macula) stop working and eventually die. AMD is the leading cause of legal blindness in people over 50. From the moment of his own diagnosis, educator and musician Dan Roberts has made it his mission to provide the most up-to-date information about AMD, its effects and challenges, through his website at [mdsupport.org](http://mdsupport.org). Receiving over 60,000 unique visitors monthly, MD Support is the go-to for all things AMD. Now, as a "patient-expert," Roberts applies his wealth of knowledge to the First Year series, providing crucial information for the newly diagnosed, including cutting edge therapies, and tips on how to navigate everyday tasks with diminishing eyesight. The First Year-Age Related Macular Degeneration is an essential resource for everyone who wants to be an informed, active participant in the management of their condition.

## Book Information

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## Customer Reviews

Dan Roberts is a visually-impaired educator and musician who has been researching and helping others with Age-Related Macular Degeneration since his diagnosis in 1994. Roberts is the recipient of the 2004 Distinguished Service Award presented by the American Optometric Association Low Vision Rehabilitation Section. His organization, MD Support ([mdsupport.org](http://mdsupport.org)), was also awarded the National Eye Institute's 2006 Healthy Vision Community Award for innovative approaches to vision-related health education. He lives in Grandview, Missouri. Lylas G. Mogk, M.D., is an ophthalmologist, Medical Director of the Henry Ford Health System Visual Rehabilitation and

Research Center, in Grosse Pointe and Livonia, Michigan, co-author of Macular Degeneration: The Complete Guide to Saving and Maximizing Your Sight, and Chair of the American Academy of Ophthalmology Vision Rehabilitation Committee.

This book was in a list we received from our support group without comment - no pushing, just resources. It has some good information but it "sounds like" the author is really full of himself. After visiting their website, and reading archives of others with impaired vision and AMD, it appears he's pushing products against physicians recommendations, and many on his site seemingly think he's a doctor, or have an adoration-complex with this author. No doubt, he means well, but overall as my own doctors have recommended, "always talk to your physician before taking anything" and that includes supplements pushed on a website or in a book. The author's reference to independent living training is spot on - we entered that some years back. Overall, as our group facilitator always says, we need to focus on the things we can change to deal with this disease, not fret about alternative choices, etc. "just talk to your physician." She is correct. For the record, my spouse has had AMD for 10 years and so we tried this book. I wouldn't buy it again. The National Federation for the Blind, and NIH has all the accurate and most up to date information one needs, and there's no pushing one drug treatment over another without adequate replicated studies.

Thank You

I was so sad and depressed when I found out I had MD. It started as the dry type and progressed to the more serious wet type. I finally learned how to help myself deal with this. I get shots in my eye and take Maximum Eye vitamins. My Retina doctor was so impressed with my progress, improving by 95%. I owe a lot of this to reading this book and learning how to help my eyes. I would recommend it to anyone who has MD.

I liked this book very much. It covered a lot of practical questions in a clear, concise way. There weren't too many technical terms used so it was easy to understand and in the back of the book there were appendixes with more information on where to get help, definitions of terms used and much more. I would recommend this book to any newly diagnosed person it helps explain what is going on and what to expect. It is also a good book for family and friends to read because it gives insight into what is happening to the person with the AMD.

Ordered this book after receiving the Macular Degeneration diagnosis from my Eye Dr. He gave me no informatin about things I could do to prevent futtther damage or any other info. This book is great-learned lots of things I can do to help myself and where to receive additional help. I would likely recommend this book to anyone receiving this ARMD diagnosis.

As a newly diagnosed macular degeneration person, I am learning what to expect and it is helping me identify the changes that I am experiencing. The book is helping validate the feelings and changes I have. After I finish the book, I plan on passing it on to my family. It is so difficult to explain what I actually see but the book explains it perfectly.I

My mother has this eye desease and gave her this book to help her understand what to expect. I ordered it so that I could read and be able to help her understand if she had questions. I am in Indiana and she is in Florida so I can help her with questions and guide her when she sees her doctor.

Good book for those who are unfamiliar with macular degeneration and what can be done to prevent or slow it down.

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